

EAST SUSSEX
COUNTY LUNATIC ASYLUM,
HAYWARDS HEATH.



FORTY-FIFTH ANNUAL REPORTS

FOR THE YEAR 1903.



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EAST SUSSEX
COUNTY LUNATIC ASYLUM

HAYWARDS HEATH.



FORTY-FIFTH ANNUAL REPORTS

FOR 1903.

HAYWARDS HEATH:

C. CLARKE, PRINTER, "MID-SUSSEX TIMES" OFFICES.

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1904.

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LIST OF THE VISITING COMMITTEE.

1903.

FOR EAST SUSSEX.

Mr. F. Barchard, Jun., Duddleswell, Maresfield, Uckfield.
Mr. J. Bull, 12 Eaton Gardens, Hove.
Mr. A. Burtenshaw, Hailsham.
Mr. W. H. Champion, C.B. (*Chairman*), Danny, Hassocks.
Mr. C. R. Kemp, Bedford Lodge, Lewes.
Major J. J. Lister, Warninglid Grange, Haywards Heath.
Mr. C. Longley, Ashleigh, Oathall Road, Haywards Heath.
Sir J. H. Luscombe, Kt., Hay Heath, Worth, Crawley.
Major T. A. Maberly, Mytten, Cuckfield, Haywards Heath.
Mr. H. F. H. Newington, The Gables, Ticehurst, Hawkhurst.
Mr. A. B. Steward, Ensham, Granville Road, Eastbourne.
Mr. A. Weekes, Mansion House, Hurstpierpoint, Hassocks.

FOR THE COUNTY BOROUGH OF BRIGHTON.

Mr. H. Abbey, Fairlee Villa, Abbey Road, Brighton.
Mr. J. C. Buckwell (*Mayor*), North Gate House, Pavilion, Brighton.
Mr. J. Colbatch Clark, Ditchling Road, Brighton.
Mr. A. J. Hawkes, 60 Old Steine, Brighton.
Mr. S. M. Kidd, 93 Lewes Road, Brighton.
Mr. E. Martin, 46 Compton Avenue, Brighton.
Mr. E. J. Reeves, 85 Queen's Road, Brighton.
Mr. W. Sendall, 131 Preston Road, Brighton.
Mr. J. E. Stafford, 2 Crown Street, Brighton.

SUB-COMMITTEES.

FARM.	FINANCE.	STORES.
The Chairman.	The Chairman.	The Chairman.
Mr. H. Abbey.	Mr. J. Bull.	Mr. A. Burtenshaw.
Mr. F. Barchard, Jun.	Mr. J. Colbatch Clark.	Mr. A. J. Hawkes.
Mr. J. C. Buckwell.	Mr. C. R. Kemp.	Mr. S. M. Kidd.
Mr. A. Burtenshaw.	Mr. S. M. Kidd.	Mr. E. Martin.
Mr. A. J. Hawkes.	Sir J. H. Luscombe.	Mr. E. J. Reeves.
Major J. J. Lister.	Major J. J. Lister.	Mr. W. Sendall.
Mr. C. Longley.	Major T. A. Maberly.	Mr. J. E. Stafford.
Mr. E. J. Reeves.	Mr. H. F. H. Newington	Mr. A. B. Steward.
	Mr. W. Sendall.	
	Mr. J. E. Stafford.	
	Mr. A. Weekes.	

LIST OF THE OFFICERS.

1902-1903.

Medical Superintendent—E. B. C. Walker, Esq., M.D.

First Assistant Medical Officer—C. Planck, Esq., M.A. Camb :
M.R.C.S. and L.R.C.P.

Second Assistant Medical Officer (Pathologist)—M. D. Wood, Esq., M.D.

Third Assistant Medical Officer—H. J. Forster, Esq., L.S.A. Lond :
L.R.C.P. Ire :

Chaplain—The Rev. E. R. D. Litle, M.A.

Clerk of the Asylum—Mr. G. Purvey.

Storekeeper—Mr. E. E. Doughty.

Housekeeper—Mrs. E. L. Woodhouse.

Head Attendants—Mr. John Backhouse (Male Department).
Miss M. A. Buckle (Female Department).

Assistant Female Officer—Miss Mary Darbyshire.

Treasurer—Francis Barry Whitfeld, Esq., Lewes.

Clerk to the Visitors—Reginald Blaker, Esq., Lewes.

SEPTEMBER, 1903.

EAST SUSSEX COUNTY ASYLUM,
HAYWARDS HEATH.

FORTY-FIFTH ANNUAL
REPORT OF THE VISITING COMMITTEE

(Pursuant to Sec. 190 Lunacy Act, 1890).

To the County Council of East Sussex.

THE VISITING COMMITTEE submit to the Council their final Annual Report.

The health of the Patients and Staff has generally been good, and, with the exception of a Nurse who failed with Scarlet Fever three days after joining the Staff, no case of infectious disease has occurred.

Two of the Commissioners in Lunacy made their annual visit to the Asylum in May last.

Four inquests have been held on the bodies of Patients since the last Report, and in each case a verdict was returned exonerating the Asylum officials from blame.

During the year Committees of Boards of Guardians in the contributing areas have visited the Patients chargeable to their respective Unions.

Necessary and ordinary repairs were carried on as hitherto up to the end of September.

There has been no change in the Staff of Officers, and no superannuation allowance has been granted since the last Annual Report.

The general conduct of the Attendants, Nurses and Servants, with one or two exceptions not affecting Patients, has been good.

In the month of May last, in view of the approaching severance of the two Councils, notices were given to determine the reception contracts with other Asylums. These notices expired in August, and all the Patients in the several Asylums under contract were brought back without accident, those chargeable to Unions in East Sussex being taken direct to the new Asylum at Hellingly and those chargeable to Brighton being brought back to Haywards Heath.

On the 20th July last the removal of East Sussex Patients from Haywards Heath to Hellingly commenced, and removals at intervals continued up to the last ordinary meeting of the Joint Committee at the end of September, when 189 East Sussex Patients remained untransferred. Since the 30th September and prior to the date of this Report the remaining East Sussex

Patients, except one male and three females (whose removal at present is not desired), have been transferred to Hellingly.

In consequence of the removal of East Sussex Patients, the Sanatorium, which had been in use for some years as an annexe, was on 1st August closed for accommodation of ordinary Patients, and the temporary buildings were closed a month later, such Attendants and Nurses who had been engaged for service in the latter receiving notice to leave.

The final meeting of the Committee in the management of the Asylum and care of Patients therein was held on the 26th September last, when the hope was expressed that the cordial and friendly feelings that has for so many years existed between the members from East Sussex and the members from Brighton in the past would continue in the future, and the Committee also expressed regret that as a joint body they would not again have the pleasure of meeting Dr. Walker, the Medical Superintendent, and the other Officers, and the Committee placed on record their appreciation of the past services of the Officers and Staff.

The Committee have the satisfaction of knowing that they leave in the hands of Brighton a capable and willing Staff of Officers.

The only duties now remaining to be discharged by the Joint Committee consists in collecting the assets and

discharging liabilities and ascertaining the final cash balance to be divided, and this is being done with as little delay as possible.

Annual Reports of the Medical Superintendent and Chaplain are appended to this Report.

The number of Patients on the Book of the Asylum on the 30th September last was:—

Males	295
Females	442
	— 737

This number is divided as follows:—

From Unions and parts of Unions in East Sussex	189
From Brighton Union including part of Steyning Union in County Borough of Brighton	511
County Patients chargeable to East Sussex including Brighton	6
	— 706
Criminal out-County and Private Patients.	31
	— 737

The number of Patients on 30th September, 1902, from East Sussex and Brighton was 1,087, which compared with 706, the number from East Sussex and Brighton on 30th September, 1903, showed a decrease of 381 during the year.

The total Admissions, exclusive of Removals for the year ended 30th September, 1903, was	263	
Criminal case which during the year became chargeable to East Sussex	1	
	—	264
Cases adjudicated from East Sussex to out-County Unions	10	
Transfers to Private List. . . .	8	
The number of Discharges, exclusive of Transfers and Removals	131	
The number Transferred to Hellingly Asylum	390	
The number of Deaths (<i>less</i> out- County cases).	106	
	—	645
Decrease as above		381
		—

The following is a table of Attendances of the Committee :—

29th November, 1902, to 31st October, 1903, inclusive.

EAST SUSSEX.	Visiting Committee Meetings	Sub- Committee Meetings
Mr. F. Barchard, Jun.	5	4
Mr. J. Bull	10	9
Mr. A. Burtenshaw	4	4
Mr. W. H. Champion, C.B.. . .	11	10
Lieutenant-General F. S. Iredell (appointed August, 1903) . . .	2	
Mr. C. R. Kemp	9	8
Major J. J. Lister	10	9
Mr. C. Longley (resigned May, 1903)	4	4
Sir J. H. Luscombe, Kt.	7	6
Major T. A. Maberly	8	8
Mr. H. F. H. Newington . . .	4	4
Mr. A. B. Steward (died August, 1903)	4	4
Mr. A. Weekes	12	11
BRIGHTON.		
Mr. H. Abbey	1	1
Mr. J. C. Buckwell.	2	2
Mr. J. Colbatch Clark	5	4
Mr. A. J. Hawkes.	11	10
Mr. S. M. Kidd	11	10
Mr. E. Martin	9	8
Mr. E. J. Reeves	12	11
Mr. W. Sendall.	5	4
Mr. J. E. Stafford	9	8

Signed on behalf of the Visiting Committee,

W. HENRY CAMPION,

HAYWARDS HEATH,

Chairman.

31st October, 1903.

THE
MEDICAL SUPERINTENDENT'S
FORTY - FIFTH ANNUAL REPORT.

THE MEDICAL SUPERINTENDENT has the honour to Forty-fifth Annual Report.
submit the Forty-fifth Annual Report to the Committee
of Visitors.

On the 30th September, 1902, the numbers in the Numbers on the 30th September, 1902.
Asylum were—Males, 413 ; Females, 576 ; Total, 989.

The Admissions during the year ending 30th Sep- Admissions.
tember, 1903, have been—Males, 148 ; Females, 160 ;
Total, 308.

The Discharges during the year have been—Males, Discharges.
208 ; Females, 249 ; Total, 457.

The Deaths during the same period have been—Males, Deaths.
58 ; Females, 45 ; Total, 103.

The Average Number Daily Resident during the year Mean Annual Population.
has been—Males, 416 ; Females, 560 ; Total, 976.

The Numbers in the Asylum this day, 30th September, Numbers this day, September 30th, 1903.
1903, are—Males, 295 ; Females, 442 ; Total, 737.

The Admissions show an increase of 51 males and 19 females compared with those of last year, but included in these numbers are 24 males and 19 females chargeable to Brighton who have been brought back to this Asylum from the several Asylums at which they had been boarded under contract.

Excluding transfers from other Asylums, the percentage of those discharged as recovered within the year is 4·6 per cent. higher than last year, but the percentage of those remaining in the Asylum cannot be compared with that of last year owing to the removal of a certain number of patients to the new East Sussex Asylum.

TABLE I.—SHEWING THE EXPECTANCY OF RECOVERY ON ADMISSION.

Sex.	Number.	Good.	Fair.	Bad or Hopeless.	Actively Suicidal.
Males	124	29	9	86	29
Females	141	41	16	84	35

TABLE II.—SHEWING THE AGES ON ADMISSION.

	0—5.	5—15.	15—35.	35—55.	55—75.	75 and upwards
Males	4	40	47	25	8
Females	5	51	47	30	8

TABLE III.—SHEWING THE FORM OF MENTAL
DISORDER OF YEAR'S ADMISSIONS.

	Males.	Females.	Total.
Insanity with Epilepsy	3	8	11
Idiocy without Epilepsy	4	1	5
„ with Epilepsy	2	...	2
Imbecility without Epilepsy..	4	1	5
„ with Epilepsy	2	...	2
General Paralysis.....	13	3	16
Dementia	13	12	25
Mania	45	69	114
Melancholia	37	46	83
Diagnosis unascertained	1	1	2
TOTAL	124	141	265

TABLE IV.—SHEWING THE FURTHER HISTORY OF
THE YEAR'S ADMISSIONS.

	Males.	Females.	Total.
Discharged Recovered.....	27	34	61
„ to Care of Friends	4	2	6
„ Invalid Certificate	...	2	2
Transferred to other Asylums	23	16	39
Died	24	10	34
Remain in Asylum	46	77	123
Total	124	141	265

The Discharges were 457; of whom 208 were males, 249 females.

Of the 208 males who were discharged, 40 had recovered, this being a percentage of 33·9 on the admissions, excluding transfers, 13 were discharged to the care of friends, 2 were discharged relieved to the Workhouse, 1 was discharged, the order having expired, 152 were removed to other Asylums.

Of the 249 females who were discharged, 59 had recovered, this being a percentage of 43 on the admissions, excluding transfers, 14 were discharged to the care of friends, 2 were discharged, the medical certificate accompanying the reception orders being informal, 174 were transferred to other Asylums either under contract or on removal orders.

103 Deaths occurred, viz., 58 males and 45 females. Of the total deaths, 5 were due to phthisis, 9 to bronchitis or pneumonia, 10 to heart disease, 21 to general paralysis, 11 to old age, and the remaining 47 to various forms of brain disease or other constitutional disorder.

TABLE V.—AGES AT DEATH.

	0—5	5—15	15—35	35—55	55—75	75 and upwds	Total deaths from all causes and at all ages.
Males	1	13	24	16	4	58
Females	..	2	6	13	15	9	45
Total	3	19	37	31	13	103

The Mean Age at Death for both sexes was 51·2 years—Males, 47·6; Females, 55·7.

The Total Number of Patients under treatment during the year was 1,297, and the death rate on this number

is 7·9 per cent. Based on the average daily number resident, the death rate is 10·5 per cent.—13·9 for males and 8 for females.

The Coroner considered it necessary to hold four inquests. In one case the patient was admitted in an unconscious state and died the following day, never having regained consciousness. The verdict of the jury was death from natural causes. The second was held on a patient who had received a fracture of the hip some weeks before her death. The verdict returned was death from brain atrophy and natural causes only. The third was held on a patient who died within a few minutes of her admission into the Asylum. The verdict was that the patient died from the effects of syncope from the exhaustion of acute mania. The jury further adding to their verdict an opinion as to the method adopted in conveying feeble patients to the Asylum. The fourth was held on a patient who had received a fracture of his left leg shortly before death, the verdict of the jury being death from pneumonia following upon fracture of the leg caused by a fall when one of the Attendants was endeavouring to restrain the deceased and prevent him from smashing a window, and they further said that no undue violence was used by the Attendant in so restraining the deceased.

The accidents, in any way of a serious nature, have been seven in number, all of them being fractures of bones, and they were reported to you as they happened. Two arose from struggles with other patients, two were due to falls in epileptic fits, another was caused by an accidental fall and another was due to one patient pushing another down, and the last occurred when an Attendant was endeavouring to prevent a patient from

smashing windows, the patient and Attendant both falling. The two last were the subject of Coroner's inquiries. The other patients recovered.

There have been seven escapes, one patient on two occasions. They were all brought back to the Asylum after a short absence.

The Asylum has been free of infectious disease with the exception of one case of scarlet fever. The case was that of a Nurse who was found to have the disease on the third day after joining the staff. She was removed to the Isolation Hospital, where infectious cases from the local Rural District are sent.

There have been two inspections of the Asylum by the Commissioners in Lunacy, viz., on the 6th November, 1902, and the 19th May, 1903.

Committees of Guardians have visited the patients chargeable to the Unions in East Sussex and the County Borough of Brighton, and have recorded their appreciation of the care and treatment received by their patients.

In November, owing to the accommodation for female patients at this Asylum proving inadequate, 15 were transferred to the Lincolnshire County Asylum, Kesteven, under contract. This relief to the pressure for room proved to be sufficient until the opening of the new East Sussex County Asylum at Hellingly, which took place in July, when 50 male and 50 female patients were removed there.

In August 24 male and 19 female patients chargeable to Brighton were brought back to this Asylum from the several Asylums at which they had been lodged under contracts. During September 100 males and 100 females were removed to Hellingly.

On the 30th September the chargeability of the patients remaining in the Asylum was—

To Unions in East Sussex	189
To the County of East Sussex... ..	4
To Brighton, including part of Steyning Union in County Borough of Brighton	511
To the County Borough of Brighton ...	2
To Out-County Unions	26
To the Prison Commissioners	1
Private Patients... ..	4
	<hr/>
Total	737
	<hr/>

There has been no change in the staff of Officers. Your Medical Superintendent desires to acknowledge the valuable assistance he has received in the administration of the establishment from the Senior Assistant Medical Officer, Dr. Planck, as well as from his other lay and professional colleagues.

In concluding this his last report to you, Gentlemen, as the Visiting Committee of the East Sussex County Asylum at Haywards Heath, your Superintendent wishes to express his great regret that his period of service under your direction will now cease. He thanks you for the consideration and support he has at all times received at your hands. He also hopes that you will agree with him in gratefully acknowledging the kindness of the Committee of the Brighton County Borough Asylum in continuing under their management the Officers and other members of the Staff, most of whom had served the County faithfully for many years.

EDWARD B. C. WALKER, M.D.,
Medical Superintendent.

OCTOBER, 1903.

THE CHAPLAIN'S
FORTY - FIFTH ANNUAL REPORT.

THE CHAPLAIN has the honour to lay before the Committee his Annual Report :—

There has been no change in the number of the Services during the past year, the Daily Prayers having been held in the Chapel while the Dining Halls were being redecorated. The holding of the Services in the Chapel was a great improvement on the usual custom, as it is impossible to secure reverent behaviour while many of the Patients are still at breakfast.

There have been 103 Deaths during the year, and 45 Burials in the Asylum Cemetery. In spite of the great increase in the number of Patients, this is the lowest Record of Funerals during the eleven years the Chaplain has been at the Asylum, and it is satisfactory to note that the removals now exceed the Burials, as it shows the interest taken in the Patients by their friends.

The Wards have been regularly visited at the

appointed times, and special visits have been paid to the sick after the Morning Prayers.

Owing to the crowded state of the Asylum and the opening of new Wards, it has been found difficult to keep the shelves supplied with books. A grant was made by the Committee, which has partly made up the deficiency.

During the Chaplain's holiday the duties were performed by the Rev. W. S. Lack-Szyrma, Vicar of Barkinside, Essex.

In conclusion, the Chaplain has found that the friendship of a Sussex man is not gained in a moment, and he is sorry to bid farewell to so many friends among the Patients, who have, he trusts, been helped by his ministrations. He is sorry also to say good-bye to many of the Committee, and wishes to thank them for their kindness and help during the last eleven years.

(Signed) E. R. D. LITTLE.

SEPTEMBER 30TH, 1903.

THE ESTABLISHMENT.

OFFICERS.

Medical Superintendent	£800	} Furnished House, Coals, Vegetables, and Laundry.
1st Assistant Medical Officer	£257 10s.	
2nd Assistant Medical Officer and Pathologist	200	} Lodging, Board, Washing, and Atten- dance.
3rd Assistant Medical Officer	200	
Chaplain	250	} None.
Clerk to Visitors	210	
Clerk of Asylum	260	
Storekeeper	125	} House, Coals, and Gas.
Head Attendant (Male)	£112 10s.	
Housekeeper	65	} Lodging, Board, Washing, and Atten- dance.
Head Attendant (Female)	115	
Female Assistant Officer	55	
Total	12	

ATTENDANTS AND SERVANTS.

MALES.			£ Ann.	FEMALES.			£ Ann.
			£ s.				£ s.
*1 Assistant Clerk	75	0		1 Night Nurse... ..	33	10	
*1 Organist and Schoolmaster... ..	80	0		1 " "	26	10	
1 Hall Porter	42	10		1 " "	21	0	
*1 Night Attendant	69	0		3 " "	20	0	
*1 " "	66	0		1 Day " (Infirmary)	31	10	
*1 " "	60	0		1 " "	30	10	
*2 " "	59	0		1 " "	29	10	
6 Day Attendants	43	10		2 " "	28	10	
1 " " (Dining Hall)	43	10		1 " "	25	10	
1 " "	41	10		2 " "	24	10	
1 " "	40	10		2 " "	23	10	
2 " "	39	10		1 " "	22	0	
2 " " (Farm)	39	10		3 " "	21	10	
1 " " (House)	39	10		2 " "	21	0	
1 " "	36	10		6 " "	19	0	
1 " " (Bath)	35	10		4 " "	18	0	
2 " "	35	10		1 Dining Hall Maid	27	10	
2 " "	34	10		1 Seamstress	28	10	
1 " "	33	10		1 Cook... ..	37	0	
2 " "	32	10		1 Kitchen Maid	18	0	
1 " "	31	0		1 Laundry Maid (Head)	27	0	
3 " "	30	0		2 " "	21	10	
				2 " "	20	0	
				1 Dairy Maid	21	0	
				3 House Maids... ..	18	0	
				1 Vegetable Room Maid	16	0	
				1 Hall Porter's Wife	Board only		

35

47

The Male Attendants are allowed one day's leave in 13. Married Attendants are allowed £3 per annum in lieu of washing, £6 10s. per annum for lodging money, and 1s. per day in lieu of rations during absence from sickness.

The Female Attendants are allowed one day off duty every 13 days, and an annual holiday of 14 days.

All Attendants and Servants have uniform, and 10 or 14 days' leave granted during the year, and board wages at 1s. 6d. per day paid during this leave.

* Are neither boarded nor lodged.

ARTISANS, &c.

1 Shoemaker ...	£1 6 10	1 Garden Labourer ...	£0 19 10
1 Matmaker ...	1 5 10	1 Painter and Glazier ...	1 11 10
1 Basket-maker ...	1 7 10	1 Painter ...	1 7 10
1 Tailor ...	1 6 10	1 Stoker (& Weekly Overtime) ...	1 4 0
1 Cabinet-maker ...	1 12 10	1 " " ...	1 4 10
1 Baker ...	1 6 11	1 Cowman ...	1 2 11
1 " " ...	1 5 11	1 Under Cowman ...	0 19 0
1 Butcher ...	1 6 11	1 Carter ...	1 1 11
1 Florist ...	1 4 0	1 " " ...	1 1 0
1 Carpenter ...	1 11 10	1 Farm Labourer (Sewage) ...	0 18 0
1 " " ...	1 10 10	1 Stockman ...	0 17 0
1 Bricklayer ...	1 11 10	1 House Carter ...	1 2 10
1 " " ...	1 10 10	1 Store Porter ...	1 6 10
1 Bricklayer's Labourer... ..	1 1 10	1 Fitter... ..	1 4 0

House, Coals, Vegetables, &c.

1 Engineer (House, Coals and Gas)	£2 1 5	1 Gardener... ..	£1 5 5
1 Bailiff	1 8 5	1 Blacksmith (House & Gas) ...	1 5 0
		1 Front Ground Labourer ...	1 0 10
Total			33

Made up on 30th September, 1903.

Officers	12
Attendants and Servants	82
Artisans, &c.	33

Total of Staff 127

GEO. PURVEY, Clerk of the Asylum.

APPENDIX,

CONTAINING

STATISTICAL AND OTHER TABLES,

&c., &c.

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TABLE I.

Showing the Admissions, Re-Admissions, Discharges, and Deaths during the Year ending 31st December, 1903.

				M.	F.	T.
In the Asylum January 1st, 1903				419	564	983
Admissions—						
	M.	F.	T.			
First Admissions.....	130	100	230			
Re-Admissions.....	39	42	81			
Total Number of Admissions during the Year				169	142	311
Total Number of Cases under Care during the Year.....				588	706	1294
Discharges—						
	M.	F.	T.			
Recovered	41	55	96			
Relieved	15	11	26			
Not Improved	223	287	510			
Died	53	39	92			
Total Number of Discharges and Deaths during the Year				332	392	724
Remaining in the Asylum 31st Dec., 1903...				256	314	570
Average Daily Number Resident during the Year ...				373	500	873
*Persons under Care during the Year				583	703	1286
Persons Admitted				168	137	305
,, Recovered				41	54	95
Transferred to this Asylum...				57	24	81
,, from this Asylum				223	285	508

* Persons, *i.e.*, separate persons, in contradistinction to "Cases," which may include the same individual more than once.

TABLE IA.

Showing (1) the Previous Attacks among Persons Admitted during the Year 1903, and (2) the Number of Times they have Previously Recovered in this or any Asylum.

(1) NUMBER OF PREVIOUS ATTACKS.	PERSONS.		
	Male.	Female.	TOTAL.
Have had 1 Attack	27	22	49
„ 2 Attacks	8	8	16
„ 3 „	1	2	3
„ 6 „	1	1
„ 9 „	1	1

(2) NUMBER OF TIMES PATIENTS RECOVERED.	IN THIS ASYLUM.			IN ANY ASYLUM.		
	M.	F.	T.	M.	F.	T.
Once	10	13	23	13	10	24
Twice.....	5	4	9	2	...	2
Three Times	2	2
Six „	1	1
Nine „	1	1

TABLE II.

Showing the Admissions, Re-Admissions, Discharges and Deaths, from the Opening of the Asylum to the 31st December, 1903.

	M.	F.	T.	M.	F.	T.
Persons Admitted during the Period of 44½ years.....	4090	4275	8365			
Re-Admissions	712	952	1664			
Total Cases Admitted				4802	5227	10029
Discharges—						
Recovered	1289	1594	2883			
Relieved	588	741	1329			
Not Improved	791	841	1632			
Died	1878	1737	3615			
Total Discharges and Deaths since the Opening of the Asylum				4546	4913	9459
Remaining 31st Dec., 1903 ...				256	314	570

	Male.	Female.	TOTAL.
Average Daily Number Resident during the 44½ Years	331	421	752
Transferred to this Asylum ...	659	569	1228
,, from this Asylum	859	907	1766

TABLE II.A.

Showing the Admissions and Recoveries of Persons from
25th July, 1859, to the present date, 31st December,
1903 ($44\frac{1}{2}$ years).*

HISTORY OF RECOVERIES OF PERSONS.

	Male.	Female.	TOTAL.
Persons Admitted during the $44\frac{1}{2}$ years	4090	4275	8365
Persons Discharged Recovered	1042	1266	2308 †
Of whom were Re-Admitted, Relapsed ‡	340	522	862
Recovered Persons who have not Relapsed	702	744	1446
Relapsed Personssubsequently Discharged Recovered §	171	252	423
Leaving a Nett Total of Re- covered Persons	873	996	1869 ¶

* Persons, *i.e.*, separate persons in contradistinction to "Cases," which may include the same individual more than once.

† 27.5 per cent. of Persons admitted.

‡ *i.e.*, Persons who have Relapsed one or more times.

§ *i.e.*, After last Re-Admission, if Relapsed more than once.

|| *i.e.*, Recovered Persons sane at the present time, so far as the Asylum Statistics show.

¶ 22.3 per cent. of Persons admitted.

TABLE IV.—Showing the History of the Annual Admissions since the Opening of the Asylum, with the Discharges and Deaths, and the Numbers of each Year remaining on the 31st December, 1903.

Admitted.				Discharges and Deaths in 1903 of each Year's Admissions.				Total Discharges and Deaths of each Year's Admissions to 31st December, 1902.				Remaining of each year's Admissions Dec. 31st, 1903		YEAR.																		
YEAR.	New Cases.		Tot.	Relapsed Cases.		Tot.	Recovered.		Not Improved.		Died.		Recovered.		Not Improved.		Died.		M.	F.	Tot.	M.	F.	Tot.								
	M.	F.		M.	F.		M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.														
1859	143	161	307	2	2	4	2	2	4	1859							
1860	79	104	184	1860							
1861	102	60	169	1861							
1862	58	64	129	1862							
1863	58	22	81	1863							
1864	56	62	118	1864							
1865	62	5	7	1865							
1866	64	84	159	1866							
1867	63	80	162	1867							
1868	116	61	192	1868							
1869	57	61	128	1869							
1870	76	71	166	1870							
1871	42	52	116	1871							
1872	130	119	268	1872							
1873	88	85	204	1873							
1874	106	100	237	1874							
1875	109	121	258	1875							
1876	114	96	219	1876							
1877	92	101	222	1877							
1878	98	100	233	1878							
1879	93	92	215	1879							
1880	98	87	229	1880							
1881	85	98	222	1881							
1882	93	80	222	1882							
1883	79	110	240	1883							
1884	93	79	229	1884							
1885	81	92	210	1885							
1886	78	86	220	1886							
1887	104	83	228	1887							
1888	101	89	243	1888							
1889	98	105	239	1889							
1890	98	137	283	1890							
1891	102	133	306	1891							
1892	99	127	283	1892							
1893	101	102	298	1893							
1894	102	116	343	1894							
1895	105	90	233	1895							
1896	87	111	237	1896							
1897	88	112	233	1897							
1898	86	112	231	1898							
1899	100	117	252	1899							
1900	112	116	271	1900							
1901	82	99	234	1901							
1902	82	135	253	1902							
1903	130	100	311	1903							
TOTAL	4090	4275	712	952	10029	41	55	96	15	11	26	223	287	510	53	39	92	1248	1539	2787	730	1303	368	554	1122	1826	1698	3523	256	314	570	TOTAL

Summary of Total Admissions, 1859-1903.				Male.		Female.		Total.	
Percentage of the Recovered	27.1	30.5	28.7
	Relieved	12.0	14.2	13.3
	Not Improved	16.5	16.1	16.3
	Dead...	39.1	33.2	36.0
Remaining	5.3	6.0	5.7
	100.0	100.0	100.0

TABLE V.

Showing the Causes of Death during the Year 1903, together with the Ages at Death.

CAUSE OF DEATH.	Under 15 Years.		15 and 20.		20 and 25.		25 and 30.		30 and 35.		35 and 40.		40 and 45.		45 and 50.		50 and 55.		55 and 60.		60 and 65.		65 and 70.		70 and 75.		75 and 80.		80 and 85.		85 and under 100.		Age not known.		Totals at all Ages.													
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F										
<i>Cerebral Diseases.</i>																																																
Brain Softening																																																
Brain Atrophy																																																
Meningitis			1	1			1	1																																								
Epilepsy	1	1			1		1	1	2																																							
Progressive Paralysis of the Insane							1	1	3																																							
Exhaustion from Mania							3	4																																								
Melancholia.....							1	1																																								
Cerebral Hemorrhage																																																
" Thrombosis or Embolism																																																
<i>Thoracic Diseases.</i>																																																
Broncho Pneumonia												1	1																																			
Bronchitis																																																
Pneumonia												1	1																																			
Phthisis	1	1			1	1	1	1																																								
Pleuro Pneumonia												2	2																																			
Morbus Cordis																																																
Empyema																																																
<i>Abdominal Diseases.</i>																																																
Gastric Ulcer.....																																																
Colitis																																																
Cancer of Liver											1																																					
Nephritis																																																
Cancer of Uterus.....																																																
Rectum																																																
<i>Other Diseases.</i>																																																
Diabetes																																																
Cellulitis																																																
Lymphadenoma																																																
Spinal Sclerosis																																																
Decay of Old Age.....																																																
TOTALS	1	1	2		1	1	2	3	5	1	6	1	7	7	2	9	8	3	11	5	3	8	1	2	3	3	1	4	6	5	11	2	3	5	5	10	1	4	5	1	3	4	1	2	3	53	39	92

Ascertained by *Post-Mortem* Examination :—Males, 25 ; Females, 16 ; Total, 41.

TABLE VI.

*Showing the Length of Residence in those who have Recovered
and in those who have Died during the Year 1903.*

LENGTH OF RESIDENCE.	RECOVERED.			DIED.		
	M.	F.	T.	M.	F.	T.
Under 1 month.....	2	1	3	7	2	9
1 month and under 3 months	14	11	25	8	5	13
3 months „ 6 „	14	24	38	8	4	12
6 „ „ 9 „	5	10	15	4	4	8
9 „ „ 12 „	2	3	5	1	7	8
1 year „ 2 years	...	5	5	5	4	9
2 years „ 3 „	1	...	1	5	3	8
3 „ „ 5 „	1	1	2	7	2	9
5 „ „ 7 „	1	...	1	2	2	4
7 „ „ 10 „	1	...	1	2	3	5
10 „ „ 12 „	1	...	1
12 „ „ 15 „
15 „ „ 20 „	2	1	3
20 „ „ 25 „	1	1
25 „ „ 30 „
30 „ „ 40 „	1	1	2
TOTAL.....	41	55	96	53	39	92

TABLE VII.

Showing the Duration of the Disorder on Admission, in the Admissions, Discharges, and Deaths during the Year 1903.

CLASSIFICATION.	ADMISSIONS.			DISCHARGES.				DEATHS.		
	Male.	Female.	Total.	Recovered.		Relieved, or otherwise.		Male.	Female.	Total.
				Male.	Female.	Male.	Female.			
<i>FIRST CLASS—</i> First Attack, and of less than Three Months' duration on Admission	59	64	123	17	35	102	132	34	24	58
<i>SECOND CLASS—</i> First Attack, above Three and less than Twelve Months' duration on Admission	4	2	6	2	2	24	23	2	2	4
<i>THIRD CLASS—</i> Not First Attack, and less than Twelve Months' duration on Admission	24	32	56	17	17	42	77	9	5	14
<i>FOURTH CLASS—</i> First Attack or otherwise; of more than Twelve Months' duration on Admission	68	36	104	1	..	33	39	4	6	10
<i>FIFTH CLASS—</i> Congenital..... Not Ascertained	10 4	2 6	12 10	.. 4	.. 1	26 11	21 6	1 3	.. 2	1 5
TOTAL	169	142	311	41	55	238	298	53	39	92

TABLE VIII.

Showing, in Quinquennial Periods, the Ages of those Admitted, Recovered, and Died, during the Year 1903, and of those remaining on the 31st December, 1903.

AGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st Dec., 1903.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Under 5 years.....
5 years and under 10 years
10 " " " " " "
15 " " " " " "	2	4	6
20 " " " " " "	13	1	14
25 " " " " " "	6	17	23
30 " " " " " "	18	9	27
35 " " " " " "	16	17	33
40 " " " " " "	20	20	40
45 " " " " " "	19	13	32
50 " " " " " "	17	10	27
55 " " " " " "	7	11	18
60 " " " " " "	15	8	23
65 " " " " " "	13	15	28
70 " " " " " "	8	3	11
75 " " " " " "	8	4	12
80 " " " " " "	2	6	8
85 " " " " " "	1	3	4
90 " " " " " "	2	1	3
95 " " " " " "
Unknown.....	2	..	2
Total.....	169	142	311	41	55	96	53	39	92	256	314	570
Mean Age.....	43.8	44.0	43.9	40.6	36.3	38.2	47.3	57.6	51.7	44.8	47.6	46.3

TABLE IX.

Showing the Condition as to Marriage in the Admissions, Recoveries, and Deaths during the Year 1903, and of Patients resident on the 31st December, 1903.

CONDITION IN REFERENCE TO MARRIAGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st Dec., 1903.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Single	87	68	155	18	28	46	15	14	29	152	170	322
Married	67	54	121	22	23	45	30	12	42	83	91	174
Widowed	12	18	30	..	4	4	6	13	19	15	49	64
Unknown	3	2	5	1	..	1	2	..	2	6	4	10
TOTAL	169	142	311	41	55	96	53	39	92	256	314	570

TABLE X.
Showing the Probable Causes of Insanity in the Patients Admitted during the Year 1903.

CAUSE OF INSANITY.	Number of Instances in which each Cause was Assigned.									
	ADMISSIONS...		No. of Cases.		Total, 311.					
	{		{		{					
	M. 169		F. 142.		Total, 311.					
As Predisposing Cause.	As Exciting Cause.		As Predisposing or Exciting (where these could not be distinguished).		TOTAL.		Male.		Female.	
	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.
MORAL.										
Domestic Trouble (including Loss of Relatives and Friends)	2	2	...	3	4	7	...
Adverse Circumstances (including Business Anxieties & Pecuniary Difficulties)	7	...	7	...	7	...	7	...
Mental Anxiety and Worry (not included in the above two heads) and Overwork	3	3	6	...	3	3	6	...
Religious Excitement	7	3	10	...	7	3	10	...
Love Affairs (including Seduction)	3	3	3	3	...
Fright and Nervous Shock	1	1	1	1	...
PHYSICAL.										
Intemperance in Drink	16	2	18	...	1	3	20	...
Self-Abuse (Sexual)	1	...	1	...	1	...	1	...	1	...
Sunstroke	1	...	2	1	2	...	1	...	3	...
Accident or Injury	3	1	4	...	1	...	4	...
Pregnancy	3	3	3
Parturition and the Puerperal State	5	5	5
Lactation	7	7	7
Privation and Starvation	5	5	10	...	3	7	17	...
Old Age	2	...	5	5	7	...	2	9	15	...
Other Bodily Diseases or Disorders	25	36	61	25	61	...
Previous Attacks
Hereditary Influences Ascertained (direct and collateral)	20	30	50	...	11	30	50	...
Congenital Defect Ascertained
Unknown	48	66	52	35	87	...	18	167	360	...

TABLE XI.

Showing the Form of Mental Disorder on Admission in the Admissions, Recoveries, and Deaths of the Year 1903, and the Form of Mental Disorder of the Inmates on 31st December, 1903.

FORM OF MENTAL DISORDER.	ADMISSIONS.			RECOVERIES.			DEATHS.			REMAINING IN ASYLUM.		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Form of Mental Disorder, 31st December, 1903.		
Congenital or Infantile Mental Deficiency (a) with Epilepsy	3	...	3	4	...	5	7	8	15
" (b) without Epilepsy	15	4	19	1	20	15	35
Epilepsy—Acquired	3	4	7	1	...	1	4	...	10	19	18	37
General Paralysis of the Insane	12	1	13	17	...	20	10	1	11
Mania:—												
" Acute	28	30	58	10	17	27	4	1	5	21	28	49
" Chronic	27	24	51	2	8	10	71	90	161
" Recurrent	15	13	28	10	5	15	1	1	2	14	10	24
" e Potu	6	1	7	5	2	7	1	...	1	3	3	6
" Puerperal	...	6	6	...	3	3	...	1	1	...	1	1
" Senile	4	1	5	1	2	3	3	5	8
Melancholia:—												
" Acute	18	34	52	8	19	27	3	1	4	9	20	29
" Chronic	8	3	11	2	2	4	19	18	37
" Recurrent	9	7	16	7	7	14	4	9	13
" Puerperal	...	2	2	...	2	2	2	2
" Senile	3	...	3	3	1	4	2	3	5
Dementia:—												
" Primary	2	2
" Secondary	14	7	21	7	6	13	49	54	103
" Senile	3	5	8	3	5	8	5	7	12
" Not Ascertained	1	...	1	1	...	1
TOTALS	169	142	311	41	55	96	53	39	92	256	314	570

TABLE XII.

Showing the Station or Occupation of Patients admitted during the Year 1903.

MALES.		MALES.		MALES.		FEMALES.	
NO.		NO.		NO.		NO.	
3	Bricklayers.....	1	Farm Manager.....	2	Soldiers	1	Clerk
2	Barbers.....	1	French Polisher	6	Shop Assistants	3	Cooks
1	Butler	1	Furniture Remover	1	Stableman	2	Charing
1	Boiler Maker	2	Fishermen	1	Stickmaker	1	Caretaker
1	Brickmaker	4	Gardeners	1	Skin Dressmaker	33	Domestic Servants.....
1	Bill Poster	2	Grooms	1	Storekeeper	3	Dress-makers.....
1	Bookbinder.....	1	Grocer	1	Seaman	1	Governess
1	Baker.....	2	Hand Chairmen	2	Tailors	18	Housewives
5	Clerks	3	Hawkers	1	Tinman	2	Housekeepers
4	Commercial Travellers	1	Harness Maker	2	Waiter	1	Ironer
1	Cellarman	29	Labourers	2	Watchmakers	1	Lodging-house Keeper
5	Carpenters	5	" Agricultural	1	Not Known	1	Midwife
2	Cabdrivers	1	Milkman	32	No Occupation	1	Mother's Help
1	Cooper	2	Marine Engineers	2		2	Nurses
1	Cowman	1	Musician	1		4	Needlework
1	Carman	1	Marine Store Dealer	1		1	Nursemaid
2	Coachmen	1	Night Watchman	1		1	Prostitute
1	Canvasser	1	Police Constable	1		1	Stationer
1	Coachmaker	3	Porters	2		1	Telegraphist
1	Coal Merchant	2	Plumbers	3		1	Washerwoman
1	Cutler	3	Painters	1		62	No Occupation
1	Compositor	1	Paper Seller	1		1	Not Known
1	Confectioner	1	Paperhanger.....	1			
2	Drapers	1	Potman	1			
2	Engine Fitters	1	Reporter.....	1			
1	Engineer	1	Rag and Bone Collector	1			
		Total		Total		Total	
		169		143		143	

TABLE XIII.
DIET SCALE.

	BREAKFAST At 8.0 A.M.										DINNER at 1.0 P.M.										SUPPER at 6.0 P.M.												
	Males.					Females.					Males.					Females.					Males.					Females.							
	Butter.	Bread.	Cocoa.	Bread.	Coffee.	Bread.	Butter.	Coffee.	Uncooked Meat.	Meat Pudding.	Suet Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Cheese.	Uncooked Meat.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Cake.	Bread.	Jam.	Butter.	Tea.	Cake.	Bread.	Jam.	Butter.	Tea.	
Sunday ...	oz. 1 1/2	6	1	5	pt. 1	oz. 1 1/2	6	1	4	oz. 12	...	pt. ...	oz. ...	oz. 16	oz. 2	...	oz. 8	oz.	pt. ...	pt. ...	oz. 12	6	...	oz. ...	pt. 1	oz. 5	pt. 1
Monday ...	oz. 1 1/2	6	1	5	pt. 1	oz. 1 1/2	6	1	4	oz. 12	...	pt. 1	...	oz. 8	oz. 2	...	oz. 4	oz. ...	pt. 1
Tuesday ...	oz. 1 1/2	6	1	5	pt. 1	oz. 1 1/2	6	1	4	oz. 12	oz. 12	6	1	4	4	1	...	8	...	6	...	pt. 1
Wednesday ...	oz. 1 1/2	6	1	5	pt. 1	oz. 1 1/2	6	1	4	oz. 12	oz. 16	4	...	4	1	12	...	6	...	pt. 1
Thursday ...	oz. 1 1/2	6	1	5	pt. 1	oz. 1 1/2	6	1	4	oz. 12	oz. 16	4	...	4	6	2	pt. 1
Friday ...	oz. 1 1/2	6	1	5	pt. 1	oz. 1 1/2	6	1	4	oz. 12	oz. 12	6	1	4	4	1	8	6	...	pt. 1
Saturday ...	oz. 1 1/2	6	1	5	pt. 1	oz. 1 1/2	6	1	4	oz. 12	...	1	...	oz. 8	2	...	4	12	12	6	...	pt. 1
Weekly Total	3 1/2	42	7	35	7	28	2	30	24	12	2	2	16	72	22	2	28	12	12	12	2	1	64	6	36	2	7	17 1/2	5	30	2	1 1/2	7

Bread is given practically *ad libitum*.

TABLE XIII.—Continued.

DINNER.

	Male Patients.	Female Patients.		Male Patients.	Female Patients.
Sunday ...	Meat and Suet Pudding, with Rice and Fruit in season.	Roast Meat, with Rice and Fruit in season.	Friday ...	Meat Pudding.	Pea Soup. Every other Friday, $\frac{1}{2}$ lb. of Fresh Fish, 12oz Potatoes and 4oz. Bread.
Monday ...	Pea Soup.	Boiled Meat & Vegetables; Peas Pudding or Rice. Pea Soup.	Saturday ...	Pea Soup. Every other Saturday, $\frac{3}{4}$ lb. of Fresh Fish, 12oz. Potatoes and 4oz. Bread.	Meat Pudding.
Tuesday ...	Meat Pudding.	Meat Stew.			
Wednesday ...	Plum Dumpling and Sauce.	Plum Pudding & Sauce.			
Thursday ...	Roast Meat.				

Bread and Vegetables Daily.—When Rice and Fruit Pudding is given on Sunday, 4oz. less Suet Pudding to Males, and 1oz. less Meat to Females. Yorkshire Pudding or Fruit Tart occasionally substituted for other Puddings.

Extra Diet for Sick.—Minced Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Bitter Ale, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

Extra Diet for Male Working Patients.— $\frac{1}{2}$ Pint Gingerette or other Non-alcoholic Liquors, 2oz. Bread, 1oz. Cheese at 11 A.M., and $\frac{1}{2}$ Pint Gingerette at 4 P.M. Tobacco and Snuff given as indulgences.

Ditto Female Working Patients.— $\frac{1}{2}$ Pint Corroa, 2oz. Bread, 1oz. Cheese at 11 A.M. *Kitchen, Dining Hall and Laundry Patients.*—4oz. Bread with Butter, and $\frac{1}{2}$ Pint Tea at 4 P.M.

Attendants' and Servants' Diet.—1lb. Uncooked Meat (Women, $\frac{3}{4}$ lb.), 1lb. Vegetables, 1lb. Bread, $\frac{1}{2}$ Pint New Milk Daily; 2oz. Tea, $\frac{3}{4}$ lb. Sugar, $\frac{1}{4}$ lb. Coffee, 1lb. Bacon, $\frac{1}{2}$ lb. Butter, 1lb. Cheese (Women, $\frac{3}{4}$ lb.) weekly.

Cocoa for One Hundred Patients.—3 $\frac{1}{4}$ lbs. Cocoa, 4 $\frac{3}{4}$ lbs. Sugar, 2 Gallons Milk, or more, if the Dairy yields it.

Coffee 1 $\frac{3}{4}$ lbs. Coffee, $\frac{1}{4}$ lb. Chicory, 3 $\frac{1}{2}$ lbs. Sugar, 2 Gallons Milk.

Tea 1lb. Tea, 4lbs. Sugar, and 2 Gallons Milk.

Pea Soup { The Liquor of the Cooked Meat, Bones, &c.; 18lbs. Split Peas; Carrots, Cabbage, Parsnip, Leeks, Onions, Artichokes, or other Vegetables. Herbs, Salt, and Pepper.

Meat Pudding or Pie 25lbs. Meat; 25lbs. Flour; 6 $\frac{1}{4}$ lbs. Suet. (Boiled or Baked.)

Meat Stew 25lbs. Meat in a Stew, with Potatoes and other Vegetables mixed with 3 $\frac{1}{2}$ lbs. Rice.

Plum Pudding, 100lbs. weight.—46 $\frac{3}{4}$ lbs. Flour; 11 $\frac{1}{2}$ lbs. Suet; 7 $\frac{1}{4}$ lbs. Raisins; 7 $\frac{1}{4}$ lbs. Currants.

Suet Pudding 60lbs. Flour; 15lbs. Suet.

(Signed)

EDWARD B. C. WALKER, M.D.,

Medical Superintendent.

REPORT OF COMMISSIONERS IN LUNACY.

EAST SUSSEX ASYLUM.

19th May, 1903.

Our inspection of this Asylum enables us to report favourably on its condition and management.

At our visit to-day we found the names of 1,012 Patients on the Books, 437 being Males and 575 Females. Of these 2 are Private Patients, 24 are chargeable to out-County Unions, 4 are on trial, and 7 Children are technically on trial with some of the Attendants. In addition to the numbers mentioned above, there are 135 Patients who are at present boarded out in other Asylums.

We have seen all the Patients in residence and found them in good health, 24 Patients being in bed. The dress was neat and tidy, but we should have been glad to see more variety and brighter colours in the clothing on the Female side. General contentment prevailed in the Wards, but one Patient lodged a complaint to the effect that one of the Attendants had kicked a Patient the day before the death of the latter, which occurred on the 7th instant. We made a careful examination into the allegation, which had already been made the subject of investigation by Dr. Walker, and were unable to satisfy ourselves that the charge was substantiated.

The dinner which we saw served to-day in Hall, consisted of boiled fish, potatoes and bread, and was not unpopular with the Patients.

Of the entire Patients, 11·6 per cent. are epileptics, 2·3 per cent. general paralytics, and 16 are regarded as being actively suicidal.

Only 1·1 per cent. of the Patients were reported as having wetted their beds last night.

Fifty-two per cent. usually attend Divine service in Chapel on Sundays, 52 per cent. are usually present at the associated entertainments, 36 per cent. usually walk out weekly or oftener beyond the Asylum estate, 71 per cent. walk out usually every day beyond the airing grounds, to which 11 per cent. are altogether confined for exercise.

Fifty-six per cent. of the Men and as many as 69 per cent. of the Women are usefully employed.

We found the Wards bright and comfortable and the Dormitories and bedding clean and in good order, but Male Wards Nos. 1 and 6, the latter especially, are greatly in need of general brightening and the provision of additional objects calculated to amuse and interest the Patients.

A calender in the Laundry is also required, and should, we think, be provided.

With regard to means of escape in case of fire we desire to make the following recommendations, which we hope will receive the anxious attention of the Committee of Visitors:—

1. We are strongly of opinion that the use of the Temporary Buildings should be discontinued at the earliest possible date, and that during such use the safety of the Patients should be secured by the provision of two additional exits from each of the Dormitories, the doors to open outwards and into the open air.

2. In order to make the second Dormitory, the small Dormitory and the single Room at the Sanatorium safe, doors of inter-communication should be made between these rooms and the Nurses' rooms.

We are glad to learn that this building may, not improbably, be devoted to the accommodation of the Idiot and Imbecile Children whose names are on the Asylum Books, but should this be done, it will be necessary to provide a small Isolation Hospital for cases where infectious disease is suspected.

3. We think that the turpentine and oil should be removed from the Painters' shop where they are at present kept, and stored in a small building detached from the Asylum.

Since our colleagues were here about six months ago, 143 Patients have been admitted, 75 discharged, 37 having recovered and 57 have died.

Fourteen per cent. of the deaths were due to General Paralysis, 5 per cent. to Phthisis, and 8·8 per cent. to Colitis, of which there have been 30 cases—that being the only zymotic disease which has prevailed.

All the other deaths were from natural causes, but we regret to report that these were ascertained by post-mortem examination in the very small proportion of

46 per cent. only, a smaller percentage even than that of last year, and much below the average of County Asylums generally.

Bedsore were present in 12 per cent. of the deaths, a large percentage which seems to point to the desirability of some improvement in the nursing of the sick.

One inquest only was held, upon a woman whose death from brain disease was associated with the accidental fracture of the femur. One other accidental fracture of a bone was the only serious casualty which did not end fatally.

There is no record of the employment of either restraint or seclusion. The Staff is adequate, there being for day duty 1 Attendant to every 10 Male and 1 Nurse to every 13 Female Patients. There are also 8 Men and 11 Women for night duty.

Of the total Staff 30 per cent. have remained less than a year, but 32 per cent. upwards of five years.

No Attendant has been dismissed for an offence connected with the Patients.

The case books continue to be carefully kept.

HARDINGE F. GIFFARD,	} Commissioners in Lunacy.
F. NEEDHAM,	

